

Discipline	Fitness Economics (B.A.) (German: Fitnessökonomie)
Institution	Deutsche Hochschule für Prävention und Gesundheitsmanagement
	(DHfPG)
	University of Applied Sciences
	Saarbrücken
	Germany
Study form	Vocational training with distance learning and phases of attendance
Lenght of study	7 semesters (42 months)
Accredited by	Accreditation Agency for Study Programmes in Health and Social Sciences
,	(AHPGS)
Date of accreditation	13 th November 2008
Programme profile	The graduate programme Fitness Economics (German: Fitnessökonomie)
	is a University of Applied Sciences 3.5 year study combining vocational
	training with distance learning and phases of attendance finishing the
	programme with a Bachelor of Arts (B.A.) degree. The students hold an
	adequate job as trainees requiring a work schedule of at least 20 hours
	per week.
Study centers and	Study centers are located in Germany (nationwide), Austria and Switzer-
class sizes	land. With matriculation the students opt for one study center out of all
	locations. Usually one class per location of study is set up and the phases
	of attendance are held in these cities. However if necessary there is also
	the possibility to set up several classes per study center. Class sizes are
	kept small to guarantee the personal tuition between lecturer and stu-
	dent. As alternative to the on-site classes at one of the study centers stu-
	dents can opt for location-independent digital lectures.
Phases of attendance	The phases of attendance equal 61 days and are offered in compact units.
	They last from two to four successive days during the week (lessons held
	from 9 a.m. till 6 p.m.).
Mandatory subjects	The graduate school programme is composed of five mandatory subject
	areas:
	- Fitness Training
	- Scientific Skills & Writing
	- Health Care & Prevention
	- Management & Economics
Duamanatam: access	- Interdisciplinary Subjects
Preparatory essays	The University's preparatory essays play a central role in its distance
	learning programmmes. These papers include special elements of dis-
	tance learning, such as tests, exemplified contents, recaps and questions
Cradits	for recapitulation. The programme consists of 210 gradits each according to ECTS (European
Credits	The programme consists of 210 credits each according to ECTS (European Credit Transfer System) and can be studied in 7 semesters (42 months)
	Credit Transfer System) and can be studied in 7 semesters (42 months).
Dograd	The workload is 30 hours per credit.
Degree	The programme consists of 21 individual modules and the writing of a Bachelor thesis. A Bachelor of Arts (B.A.) degree is awarded once all mod-
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Somostor start	ules and the Bachelor thesis have all been successfully completed.
Semester start	The summer semester starts on 1 st January, the winter semester on 1 st
	July. Students may begin the programme at any time, though they must



	matriculate by 30 th June to attend the summer semester, or by 31 st De-
	cember to attend the winter semester.
Requirements	Students applying for the programme must fulfill formal requirements
	and show proof of a signed agreement for a vocational training position.
	They also have to submit a written declaration describing their personal
	reasons and intentions for the commencement of the programme.
Tuition fees	The tuition fees are currently 360 Euro per month. These fees include de-
	livery of teaching material, performance appraisal, guidance and tutoring
	by tutors and issuing the certificates of achievement.
Work place	Graduates of the Fitness Economics (German: Fitnessökonomie) graduate
	school programme work as fitness specialists in health and fitness clubs,
	in the second tier management or-in most cases- as chief executive of a
	health and fitness club.
Accreditation Commis-	According to the Accreditation Commission, the study programme Fitness
sion	Economics (German: Fitnessökonomie) provides the students with the re-
	quired practical skills by hands-on teaching and learning.
The Ministry of Educa-	The Ministry of Education, Culture and Science sees the University of Ap-
tion, Culture and Eco-	plied Sciences (DHfPG) is a fast expanding educational institution with in-
nomics	novative ideas and concepts.
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Further information	Additional information regarding this degree graduate school programme
	may be found in the Higher Education Compass of HRK.